



A monthly publication of AAUW, San Francisco, est. in 1886

March 2022

President's Message

MARCH DATES

March 3: TTAG Meeting, 7:30 pm

March 9: AAUW-SF Board Meeting, 7pm

March 16: Lunch Bunch, 12 noon

March 18: Afternoon with Books, 1:30pm

March 21: International Book Group, 7pm

March 24: Mystery/Adventure Book Group,
7:30pm

LFG Movie

I hope you were able to see the movie LFG that we presented on February 25, courtesy of HBO, CNN, and Eventbrite. The movie has not yet been released to the public and was offered to us for free. Seeing the players and hearing their stories was truly inspiring. The 28 members of the U.S. National Women's Soccer Team filed a class action lawsuit against the U.S Soccer Federation in March 2019, seeking equal pay and conditions as the U.S. National Men's Soccer Team. The movie ended with the women appealing the grant of summary judgment in favor of the Federation on their equal pay claim.

On February 22, 2022, the same week we showed the film, the parties announced a proposed settlement of the class action lawsuit. The U.S. Soccer Federation has agreed to pay the lump sum of \$22 million in back pay to the players, which will be distributed in a manner proposed by the players and approved by the court. The federation will also put \$2 million into a fund for the USWNT players' post-career goals and charitable efforts, with each player being able to apply for up to \$50,000. The settlement is contingent on ratification of a new collective bargaining agreement. The new president of the U.S. Soccer

Federation is Cindy Parlow Cone, a former member of the women's team.

March Events

March is Women's History Month. **March 8** is International Women's Day, but the big date for us is **March 15**, Equal Pay Day. This date symbolizes how far into the year women must work to earn what men earned in the previous year. This is a slight improvement over 2021, when the date was March 24. Clearly, there is still a long way to go!

Dues

Our dues for fiscal year 2022-2023 will be \$88 to reflect the \$5 increase in national dues. The national dues will be \$67, and the state dues will

continue at \$20. Our branch will still only charge dues of \$1.00, a real bargain!

We are able to subsidize anyone who expects to have trouble paying the full amount of \$88. Please contact any member of the board if you need assistance

Barbara Spencer, Co-President



Welcome to Women's History Month!

Start reading Maya Angelou's "I Know Why The Caged Bird Sings" during this month. Join us on April 27th at 7:30 p.m. via Zoom to discuss the book. This is a classic that I've never read and I'm excited to guide our DEI Book Club in discussing. The Zoom link will be sent out closer to the meeting date.

Check out this link for phenomenal events celebrating women:

<https://datebook.sfchronicle.com/guide/womens-history-month-2022-celebrate-with-bay-area-events-performances-and-more>

Also, there's a self-guided walking tour for Women's History Month:

<https://www.planet.com/pulse/self-guided-san-francisco-walking-tour-for-womens-history-month-march-2022/>

I am sharing one of my favorite quotes.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

— Maya Angelou

May you feel seen and cared for.

Kelly Joseph, Co-President

Board Meeting

The next board meet in will be on **March 9**, at 7:00 pm. We will be meeting on Zoom.

All members are welcome. Contact Barbara at

Afternoons With Books

When: Friday, March 18, at 1:30 pm

Where: Zoom

What: What Money: The True Story of a Made-Up Thing, by Jacob Goldstein

Moderator: Michelle Mammini

Zoom coordinator: **Michelle Mammini**

[t](#)

International Book Group

When: Monday March 21, at 7:00 pm

Where: Zoom

Book/Author: The Bad Muslim Discount, by Syed Masood

Zoom Coordinator: Barbara Spencer

Mystery/Adventure

Date: March 24 at 7:30 PM.

Book & Author: While Justice Sleeps, by Stacey Abrams

Reviewer: Sandra Tye

To receive Zoom link

RSVP:

Lunch Bunch

Where: Zazie's in Cole Valley

Date: Wednesday, March 16, 12 Noon

Address: 41 Cole Street

Phone:

I need to make accurate numbers of people

Tech Trek

Tech Trek is super busy. See Rosaura's T-Tag events. It is also getting ready to choose our 2022 campers. We are currently recruiting members to interview prospective campers. The weekend for interviews is March 19 and 20th, 10-4. There will be shifts.

If you'd like more information or be available to help interview, please contact: Elaine Butler at 5-305-2220 or elainebutler124@comcast.net

Thank you for being a part of Tech Trek.

Silver Jubilee

SF-AAUW Silver Jubilee Scholarship Fund will offer scholarships of \$3000 (three thousand dollars) to help women in their final two years of undergraduate school or graduate program at an accredited college or university for the 2022-2023 fall and spring semesters. Scholarship candidates must have a San Francisco address and/or attend a school within one hundred miles of San Francisco. There are no restrictions on the use of the funds.

The Silver Jubilee Scholarship application is due by April 15, 2022. The application may be found at the branch website, which is www.aauwsf.org

TTAG Event

Event: LinkedIn for High School Students: a Hands-on Workshop

- **When:** Thursday, March 3rd, 2022
- **Time:** 6:30 PM
- **Where:** PRE-REGISTER at: https://us02web.zoom.us/meeting/register/tZwkd-isrzkoHtEFdw21dCAVQQ294_fvjJeT
- **What:** a 45-minute workshop on how high school students may take advantage of the platform to create a robust and impressive profile, build their professional networks and connect to opportunity by searching for jobs, internships and schools on LinkedIn.

Pat Camarena



Ruth's Comfort Food

When your internal cookie sweet tooth comes calling, before you bite into one of your favorites, you might be curious to know what are the most popular cookies in the world? Currently, as far as worldwide sales go, Oreos top the list. If asked to weigh in on national preferences, the British, for example, may argue in favor of the shortbread at teatime and the Germans might prefer snacking on Pfeffernusse cookies. However, Americans, far and away, would vote for the toll house chocolate chip cookie! Americans eat, on average, three cookies a day. Wow!

It's often said that for the last fifty years or so, these sweet treats have also been made very successfully in home kitchens, thanks to the efforts of Ruth Wakefield. I've heard rumors that these are Santa's favorite Christmas Eve treats. It is rumored that he prefers them soft and gooey with lots of chocolate chips!

The origin of the chocolate chip cookie in the early 1930s can be traced to Massachusetts born Ruth Graves Wakefield. Ruth had early careers as a dietitian and educator. However, after her marriage, she and her husband bought and renovated an old dilapidated building near Plymouth. The building was located alongside a former toll road. In that building they opened an inn and soon expanded the site to include a restaurant.

Ruth put her dietitian thinking cap to create a great variety of menu items, drawing on many of her grandmother's tried and true recipes. In addition, she also experimented with new concoctions, especially desserts. Soon repeat customer recommendations from both locals and east coast coast travelers led to an interest in having Ruth produce and market a cookbook. It was while she was trying out cookbook item candidates that she developed a variation on a popular butter cookie that the restaurant offered. Due to a short supply of Bakers chocolate at the

time, she chopped up a Nestle's semi sweet bar into pea-sized bits and added brown sugar with nuts to the dough. Surprisingly when baked, the bits did not melt but rather remained whole. She decided to include this cookie in her original recipe book. Soon the recipe was reprinted in local newspapers. Ruth was even invited to be a guest on a radio program hosted by Marjorie Husted (a.k.a. Betty Crocker). After WWII began, care packages mailed to troops serving overseas were very likely to include boxes of this popular homemade cookie. They proved to be easy to ship and share.

The rights to Ruth's very popular recipe were later sold to the Nestle Company with Ruth reportedly entering into a partnership to act as a company consultant and, as the story goes, receiving free chocolate for life.

In 1983, a federal judge ruled that the Nestle company, (which now sells about 90 billion individual morsels each year), no longer had exclusive rights to the Toll House trademark. The toll house cookie lives on even though the inn itself burned down in 1985. An historical marker is located on the original site.

www.cooksinfo.com

www.NewYorker.com

www.women-inventors.com

www.verybestbaking.com (the original Nestle recipe)

AAUWSF Board

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March 2022

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-------------------------------|-----|------------------------|-----------------------|-------------------------------|-----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 Board Meeting 7PM | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 Lunch Bunch 12 Noon | 17 | 18 Afternoon w/ Books 1:30 PM | 19 |
| 20 | 21 International Books 7:30PM | 22 | 23 | 24 Mystery/Adv 7:30PM | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |
| | | | | | | |

Be sure you put your feet in the right place, and then stand firm.

Abraham Lincoln



Avanti Editor

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 Address Correction Requested

The American Association of University Women (AAUW), founded in 1881, is the nation’s leading organization advocating equity for women and girls. It has a national membership of 150,000. People of every race, creed, age, sexual orientation, national origin, and level of physical ability are invited to join.

AAUW California was launched in San Francisco in 1886 and began lobbying immediately. Check out our website www.aauwsf.org



San Francisco Inc. (CA) Branch

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research

Marie Curie & AAUW

The year was 1919. Europe had been ravaged by World War I and radium was far too expensive for a scientist of modest means to afford for experiments. This was true even for one as famous as Madame Marie Curie. As a result, her groundbreaking research had reached a virtual standstill.

Then the AAUW came to the rescue. Members from Maine to California helped raise an astonishing \$156,413, enabling Madame Curie to purchase one gram of radium and continue her experiments that helped her create the field of nuclear chemistry and forever change the course of science. Madame Curie received the Nobel Prize for her work, but was not admitted to the French *Academie des Sciences* until she won an incredible second Nobel Prize...all because she was a woman. More than 75 years later, there are still only three women members.

Pay Equity

AAUW has been on the front lines fighting for Pay Equity for over a hundred years.

AAUW was there in the Oval Office in 1963 when President John F. Kennedy signed the Equal Pay Act into law.

AAUW was there in 2009 when President Barack Obama signed the Lilly Ledbetter Fair Play Act into law.

AAUW continues the fight for the passage of the Paycheck Fairness Act to ensure women have further equal pay protections. The pay gap is real.

AAUW will continue the fight to achieve pay equity; the economic security of American families depends on it.

Legal Advocacy Fund

Founded in 1981, the Legal Advocacy Fund (LAF) works to achieve equity for women in higher education by recognizing indicative efforts to improve the climate for women on campus; by offering assistance to women faculty, staff, and students who have grievances against colleges and universities; and by supporting sex discrimination lawsuits.

The LAF Board only approves support of cases which are currently involved in litigation, and that have the potential to set legal precedent.

The Legal Advocacy Fund’s annual Progress in Equity Award recognizes indicative and replicable college and university programs.